



# HOLY NAME TIMES



JANUARY 2009

*Christmas joy warms the heart*



*I am amazed at the way India responded to 26/11. Like cowards the terrorists pounced on the weak, the unarmed and the old and killed without regret. But although blood flowed through the corridors of the Taj and onto the streets of Mumbai, although life came to a standstill all over this great city for two days -they did not succeed because at every corner they came face to face with the brave soldiers of India-noble selfless commandos who were willing to lay down their lives to save those who were held. They did not succeed because the staff of the Taj and the Oberoi, ordinary people doing ordinary jobs walked that extra mile, beyond the call of duty, to protect those who had come as guests. They did not succeed because we did not give in to hate, we did not allow ourselves to be divided, we did not break out into violence.*

*We watched the wounded being taken out, we witnessed the hungry flames licking the windows of the stately building, we housed the men who fought this evil and we prayed for those who lost their loved ones. Our students were in shock - frightened, disturbed and in need of counselling. We got the Academy of Life to come in. With these professionals, the students were given the chance to confront their emotions, whether of anger, frustration, revenge, sorrow or pain. Also, two doctors from Israel along with Dr. Maya Kriplani from Bombay Hospital visited our school and held Workshops on anger management. The students were allowed to talk about their feelings, accept their emotions and were taught to love themselves exactly as they were. That they were on the road to recovery was evident from the interviews they later gave to CNN - IBN.*

*The commandos who stayed in our school, spoke this to me as they bid us farewell, "Father, the most precious gift we can give our children is to educate them with the right values. It is this that can prevent violence". One thing that crisis does is to give us the ability to reach out and touch lives. The Interact Club of the School paid a visit to the injured police officers at Bombay Hospital, J. J. Hospital carrying with them gifts of flowers, bedsheets and Get well cards. The bravery of these men in the face of terror was an inspiration to our students.*

*As the year ended, it was Christmas and in keeping with Christ's message to share and care, we visited Ashadhaan, Old Age homes, orphanages and the homes of poor students. Everywhere we took the spirit of Christmas with us, distributing gift hampers, and with it, a far more precious gift - love.*

*I have been here for the last six months. It has been a pleasure to work with and for all of you. The responsibility is huge but it is the smiling faces of students that make it all worthwhile.*

Fr. Michael Pinto



## SPREAD THE LIGHT OF PEACE



## SCIENCE EXHIBITION

Ms Darlene Paes



The AB Ward Science Exhibition was held on the 25<sup>th</sup> and 26<sup>th</sup> of November 2008 at the New Habib High School, Dongri. The Holy Name High School Students participated in the Quiz, Essay, Folk Dance, Street Play, Group Singing, Band Display, Lezim, Junior Project, Teacher's Teaching Aid, Laboratory Assistant's Teaching Aid, Population Education Project and Sarva Shikshan Abhiyan Project.



The Consolation prizes were bagged by Sr. Clemy for the Sarva Shikshan Abhiyan Project, Ms. Shalini Kunder for the Senior Project, "Encash your trash" and Ms. Rajani Solanki for the project on Population Education. The Lezim students trained by Ms. Rohini Shinde Nevis and Mr. Praphull Dhumale won the second prize. Rahul Patil also bagged the second prize for Inter school drawing competition.

## WE CAN & WE WILL ..... SPREAD JOY.

Interact Club



As part of our Christmas preparations, we the students of Std IX, along with a few juniors of the Religion class, visited Asha Daan a Home for the Destitute, at Byculla, run by the Missionaries of Charity on the 18th December '08.

After a warm welcome by the Sisters, we met and mingled with the inmates, the physically challenged, orphans and the lonely and aged Seniors. Each of us presented them small gifts of food items. We listened to them and shared their joys and tales of woe, and we came away with a firm resolve to visit again, inspired by the selfless work and dedication of the Sisters- in- charge. Exposed to another world of pain and suffering, we were determined to do our bit to make their world, a better and brighter place to live in. "Go", we say "Be with them, and you will be a changed person, as we have become".

## LONG LIVE THE TAJ

Ms Thelma



### "Come to me all who are tired and weary, and I will give you rest"

Such soothing, calling words of Jesus for the National Security Guards (NSG commandos), to come and stay under His watchful eyes.

Such a wonderful place to choose ! A home away from home!! What bigger / better place than Holy Name High School!! The school indeed had the priviledge to offer its sprawling play ground and magnificent school building to harbour and shelter the fearless NSG commandos. It was here itself that the commandos cooked their own simple and quick yet delicious and nutritious meals. Under the safe(st), watchful eyes of Jesus, the commandos rested their strong yet tired bodies. On behalf of our school, our Principal prayed at the prayer service organized by the Taj employees at the NCPA

The NSG chief along with his comrades thanked our Principal and Manager for willingly permitting them to use this most convenient available ground. His parting message he told our Principal to convey to all the students was, " Father, teach the children to love and honour their country. Teach them value for life and values needed for life apart from the school curriculum."

Before departing from here, in appreciation for their hard, risky work in successfully flushing out the terrorists from the Taj on 30th November '08, a few school students came together to bid farewell to the surviving NSG commandos who dearly missed their slain colleagues Gajendra Singh and Major Sandeep Unnikrishnan.

With love and gratitude, each commando was presented with a chocolate and a rose.

### We salute the brave men by saying,

*Praise, Honour, Glory be To India's NSG, Its forces we salute  
To its departed, we pay A heartfelt tribute.*



This was not the end, as Holy Name High School once again opened its doors to welcome members of the Taj Palace and Intercontinental Hotel. Employees from all ranks and all the departments met each other for the first time ever since the gruesome attack on the Taj; an attack that claimed hundreds of innocent lives, many many of whom were employees of the hotel itself. They observed a brief silence as a mark of respect for their colleagues who fell to the bullets inside the Taj Palace Hotel. Department heads together with other members met in the school hall on the ground floor to discuss future plans for the employees. Hence, the school hall on the ground floor was generously made available for them from the 06th December '08 to the 09th December '08 . The school had a special prayer service in the Cathedral of the Holy Name on the 5th of December '08 to pray for the deceased as well as for their family members.



# CHILDRENS DAY

Ms Sarojini & Ms Rashida

**Come my children come and see  
How your teachers dance with glee.....**

Children's Day this year was filled with surprises for all the school children. It all began with a "Bang Bang" The Mock Band. The teachers rocked the stage with their wonderful expressions and movements. An amazing dance put up by the Principal and a few secondary students, kept the little ones at the edge of their seats. Surprisingly, there was another dance the Bamboo Dance, also put up by the staff members themselves. The entertainment programme ended by the teachers singing melodiously a meaningful song, entitled "We are the world, you are the world"

The next part of the day's programme was "Games". The children played to their hearts content. As they left for home each child was

given a rose and a chocolate as a token of love. The day was indeed a memorable one, for which the children thanked the school. The Principal, Secondary students and

2. Childhood days are days of learning the basic skills of reading, writing, arithmetic, singing, dancing as well as exercising.
3. Growing up with discipline, values, fun and frolic.



Some children shared their opinion on "The Role of School" in their life.

1. School is a second home, and classroom the second family.

2. Teachers help us to grow

up with confidence and help us to tap our talents.

For a few others, childhood means only books and exams, No time to play, No games or fun, No time for balls or dolls. Yet Be it Joy or Sorrow, Victory or Failure, Their memories of childhood will last forever.

teachers performed four dances and sang a few songs to gladden the children. A few teachers painted their faces and danced to the song "Mera Naam Joker"

Some children expressed their opinion on Childhood as under:

1. Life full of memories both good and bad, enjoyment and sorrow.

## Workshop for students affected by 26/11

Ms. Susan

1. "The Academy of Life" offered counselling and Healing for the students of our school who experienced anger, sadness, resentment and helplessness due to the terror attacks.

The students expressed their emotions openly and freely, some wept bitterly, others spoke their hearts out. All those present were touched by seeing the students emotions.

2. Dr Maya Kriplani along with Dr Allan and Dr Hubert from Israel conducted an 'Anger Management' workshop where the students were given different objects like balloons and punching bags to give vent to their anger.

The Maharashtra Times gave a write up on the same. Another half hour programme was broadcast on CNN IBN on the same.



### NIE Workshops

Mrs Sudha from the Times of India conducted three wonderful workshops

i) for S.S.C students on study and writing skills. Her talk encouraged & motivated the students to give their best.

ii) She had a special workshop for student of V-IX on the English language

iii) She had a special workshop for parents of S.S.C students & reminded parents not to put too much pressure on their children, but rather encourage them & understand their strength & capabilities.

## CHRISTMAS AT ' HOLY NAME '

Ms Florin & Ms Gayle

Amidst the mixed feelings of tension, fear and anger subsequent to the recent terror attacks in Mumbai a low-key spirit of Christmas prevailed at Holy Name High School.

A solemn prayer service marked the beginning of Advent. Each day then, the children of various classes arranged a beautiful assembly where they had an opportunity to share their Christmas message of love, peace, unity, forgiveness etc. The tabloid and the carol singing zealously organized by the teachers and students from standards I to IX brought life to the Christmas feeling.

Outreach programmes were organized where some of our teachers along with a few of our students visited places like Asha Dhan and other such homes to share the Christmas spirit by spending time with the less fortunate inmates by distributing



small gifts purchased from the collections made by the sale of greeting cards and a variety of delicious dishes made and sold by our very own PTA members.

At the school, exciting games like Tangdi race, Rope game, Ball between Back etc. (both for the Primary and Secondary) were organized. This kept the children enthralled. The Christmas party was arranged was enjoyed by students and teachers alike, as snacks and gifts were distributed to everyone. The end of the party was marked by a dance session where the students truly enjoyed every minute.

We earnestly pray that this beautiful feeling of love, peace, hope, forgiveness and brotherhood lingers in the heart and mind not only of the participants, but spreads around far and wide to make our world a better place .

**Here's wishing all our dear Readers  
A Bright, Happy and Prosperous New Year 2009!!!!!!**



## CAROL SINGING

Ms Dolorosa



'Hear The Herald our Children Sing'



Santa's coming, are you peeping, children singing, keep singing, cause its Christmas time. A time to warm the chilly hearts of the young and the younger melodiously singing with love flowing in the air. Welcoming the little babe born on that 'Holy Night' This little Babe will not let the children of 'Holy Name' go astray but live each day like Christmas Day' spreading His peace, Love, joy all around.



Jingle bells, merry bells Jingle all the way  
Oh what fun it is to sing Carols all the way  
Jingle bells, merry bells Jingle all the way  
Oh what fun it is to know That our King is born today.



## INTER RELIGIOUS MEET.

Ms. Wilma Fernandes

At a time when religious and political tensions, instability, rivalry, discrimination are destroying the very fabric of our country, embittering relations between man and man, causing terrible sufferings all around, we at Holy Name decided that something must be done, so we took one small step and had the inter-religious prayer meeting on the 22nd of December '08.

The speakers were Rev.Fr. Bento Cardoz, Mr. Raffheshyam Pandey and Mr.Bakir Calcuttawala. Through their speeches they enlightened each one present, that no matter who we are, what religion



we follow or which state we belong to, we all are children of the same God. The Three speakers stressed on the fact that it was important to reaffirm our faith in our country and in each other and that God is one and the same, for no religion in the world ever gives a message of hatred, for 'GOD IS LOVE'

After the prayer meeting, children were allowed to buy the food items prepared by parents of different communities to bring out the idea of **UNITY THROUGH FESTIVITY**. The proceeds from this sale were used to help the poor & the needy.

## TABLEAU COMPETITION

Ms Delilah



The tableau competition was held on 20th December- 08 .The message of saving water, food, our country from corrupt politician and also that Jesus wants us to spread Love, joy and peace were clearly sent out through the competition. A glimpse of one of the messages is as follows:-



It's almost Jesus' birthday So let us not forget  
To give to Him the present That He would like the best  
He doesn't want a stocking Hung upon the tree  
Or lots of toys or presents Like selfish you and me.

He only wants our love for Him, To shine out to the earth  
He wants us to tell others About His miracle birth  
He wants us to care To love and worship Him  
He wants us to remember Those who died to save us all.



## SPORTS

Mr. Praphull

The one period that students seem to enjoy the most in school is the P.T period. Sports indeed cuts off the boredom of the stressful life students go through. It builds team spirit, confidence & self-esteem. It teaches to accept defeat gracefully & channelises energies Constructively. It is with this aim that we organised the sports Utsav, so that every child begins to develop a love for sports.



Besides track & field

events, the sports club organised Quiz Competitions, Crosswords, Puzzles, Caption Making, Debates, Body Show & other mind blowing competitions.



Sounds like a real fun building Utsav, & all of us enjoyed it to the full!

The KG and the Primary Section had a wonderful, creative 'P. T. display'